

## Today's Take-Aways

### Education

- The Clinical Scholars program is a new program funded by Ontario Health until March 31, 2024. The Clinical Scholars are responsible for providing clinical support and guidance to new graduate nurses, internationally trained nurses, nurses transitioning to a new unit and/or any nurse looking to upskill.

Clinical Scholars can assist and support in various dimensions such as psychomotor skills, soft skills, critical thinking, decision making and problem solving. Clinical Scholars can be found rounding and primarily based on the clinical units and can also be contacted via email at [clinicalscholars@prh.email](mailto:clinicalscholars@prh.email) for questions.

### French Language Training Reimbursement Program

- Staff who are looking to upgrade their French language skills through an online or in person course at an approved institution may be eligible for reimbursement of up to \$300. Funding is now available for courses running September to December 2023.

#### Eligibility Criteria:

1. Be a permanent employee of a health service provider that has been identified or designated for the provision of French Language Health Services.
2. Provide direct services to clients, families or the public at large.
3. As funding is limited, priority will be given to employees providing direct health care professional services, then to employees providing administrative support services that improve the agency's capacity to deliver services in French to the public.
4. Have reached at least an Intermediate Level of proficiency. Testing may be arranged with the training facilities, however the cost of placement tests is not reimbursable.

If interested, please contact Laurie Tomasini at extension 6161 or email Laurie at [laurie.tomasini@prh.email](mailto:laurie.tomasini@prh.email).

### Human Resources

- Non-Union Compensation - As a reminder, it is currently expected that the retroactive payments will be processed and paid to non-unionized employees by the end of September 2023.

### Meet the Clinical Scholars



Kerri



Allyssa

Need support?  
Need guidance?

We are  
here to  
help!

See the posted coverage sheet on your unit to find out how!

Or email us at: [clinicalscholars@prh.email](mailto:clinicalscholars@prh.email)

## Today's Take-Aways Continued

The Ontario Nurses' Association (ONA) and the Canadian Union of Public Employees (CUPE) had reached a settlement that includes wage increases for their members. To maintain fairness and equity within our workforce, and in alignment with previous practice, we have decided to match the settlement reached by ONA for our non-unionized employees. The new wage compensation plan for non-unionized employees includes an additional 1% increase (total of 2%), retroactive from 1st April 2021 and an additional 2% increase (total of 3%), retroactive from 1st April 2022.

As it relates to the negotiated ONA rates for April 1, 2023, the leadership team must consult with the Board of Directors.

At PRH, we strive to create a supportive and inclusive work environment that values all employees. We recognize the dedication and commitment you bring to your roles each day, and we are committed to continually improving our compensation and benefits to reflect your contributions.

### Infection Prevention and Control

• As COVID-19 and other respiratory virus activity continues to increase within our region, here are a few reminders about the safety practices that should be considered during everyday activity to reduce the spread of respiratory infection:

- Physical distancing- when possible
- In addition to the universal masking requirements, wear a mask at other times based on your own assessment of risk.
- Practice good hand hygiene and avoid touching your nose, mouth, or eyes with unwashed hands.
- Disinfect high touch surfaces in your workspace and home.
- Keep your vaccinations up to date including your annual influenza and COVID vaccines.

### Masking FAQs

#### **Q: Are visitors allowed to eat or drink in the patient's room?**

**A:** No, visitors are expected to mask at all times in clinical areas. This includes in patient rooms. Therefore, eating and drinking are not permitted.

#### **Q: Are patients required to mask in outpatient settings?**

**A:** Patients (who are able) and visitors are expected to mask in all waiting rooms including outpatient waiting rooms. Patients (who are able) and visitors should mask while attending outpatient appointments.

#### **Q: Do patients need to mask when outside their rooms?**

**A:** Patients ambulating outside of their rooms within clinical units should be encouraged to mask (if able).

#### **Q: Can patients eat in common areas on the unit (ie. Rehab Dining Room)?**

**A:** Yes, communal dining can continue with safety measures in place, such as physical distancing.

#### **Q: Do I need to wear a mask in a clinical unit if I won't have any patient interaction?**

**A:** Yes, masks are required at all times while in the clinical areas.

• In lead up to this year's vaccination campaigns, our hospital's Vaccination Committee has started to meet. More details will be shared in the coming weeks on vaccine availability, clinics and more.

### Medical Affairs

• Welcome to the team! Please give a warm welcome to some of the newest members of our professional staff.

## Today's Take-Aways Continued

Dr. Chika Offiah (Internal Medicine) effective October 1st

Dr. Lia McCarthy (Hospitalist) effective October 2nd

Dr. Miguel Cortel-LeBlanc (Critical Care Team – ICU) effective October 4th

### Medication Transformation Project

• Our work with the BD Pyxis Automated Dispensing Unit team officially started this week with representation from our clinical units, Pharmacy, Information Technology and Maintenance. This kick-off meeting gave us a clearer outlook at the preparations which need to take place over the next few months.

#### Important dates in the timeline:

**October to December** - Unit readiness. Some clinical unit renovations are required in order to make room for the ADUs.

**Week of Nov. 27** - BD Pyxis ADUs will be delivered to PRH and set up in 2A west wing rooms

**Dec. 4-22** - Staging of equipment. All units will be set up, tested, and filled.

**Week of Jan. 8** - Pharmacy Tech training. Maintenance training.

**Jan 16-18** - Super User training (approximately 35-50 super users will be needed)

**Jan 18-Feb. 1** - End user training (target 80% of end users)

#### Standard Medication Delivery Times

We welcomed our first group of frontline nurses to the ADU Unit Readiness meeting this week. Discussions took place regarding changes to the standard medication delivery frequency practices in order to align with ADU practices as well as best practices in medication delivery.

We want to hear from you! Nursing working group members will be polling staff over the next week to get feedback on the proposed changes to medication delivery times.

### Departmental Updates

#### Acute Mental Health

• We are celebrating the re-launch of Pet Therapy at PRH on our Acute Mental Health Unit thanks to the Watch My Six Pet Therapy Program. This program will run every Wednesday morning on AMH as one of our recreation therapy programs.

Pictured below, from left, Heather Jobe (SPCA) and Tina McNish from Watch My Six. The dogs' names are Rayne and Breacher.

#### Diagnostic Imaging

• The department has recently installed a high level disinfection unit called the Trophon®2 which is used to clean our transducers (probes).

This new closed-in unit is user-friendly, more efficient, safer, and involves less steps compared to our previous probe-cleaning process which used liquid chemicals.

The new cleaning cycle only takes seven minutes from start to finish!



# Today's Take-Aways Continued

## Emergency Department

• Our new chest pain protocol process continues to show significant improvements in the ED door to ECG time. For the month of August alone, we had an average time of 16 minutes, down from 56 minutes in July!

## Finance

• We are selling some corner desks that are currently stored in the warehouse. The dimensions are below, and depicted here are a few of the styles. Each is available for \$50. For more information, please contact.

Reference #	Height (inches)	Length (inches)	Width (inches)
Desk 1	29	56	70
Desk 2	29	48	71
Desk 4	29	48	48
Desk 5	29	48	72
Desk 7	29	48	48
Desk 8	29	48	72
Desk 9	29	48	66
Desk 10	29	48	72
Desk 11	29	48	72



## Information Technology

• We are pleased to share that IT staff have been successful in being able to re-start the failing auto attendant server. Thanks to all who assisted reviving the old system, with special call out to Jeremy, Greg and Paul for their extra efforts. The system is back online and available to all for internal and external voice command dialing. We are still working on the replacement server, but this will hopefully buy us some time to get the new system up and running.

## Intensive Care Unit (ICU)

• IV lock boxes have been implemented in the ICU to further improve medication safety standards. The boxes are intended for the use of all prepared narcotics, benzodiazepine and ketamine infusion. Thank you to Grace from Pharmacy and Erin from Education who were both key contributors in the roll out.

## Mental Health Services of Renfrew County

• Our Recovery Outreach Program (ROP), Assertive Community Treatment Team (ACTT) and a group of clients went on a camping trip to Golden Lake the week of September 11th. This was the first time we were able to hold this event since 2019. Both groups enjoyed campfires, cooking, s'mores, fun games and connecting with each other while camping!

## Spiritual Care

• We are pleased to share that regular Mass will once again be held in our Chapel. Starting September 27th, Mass will be held the last Wednesday of each month at 10 a.m. All are welcome to attend.



# In Remembrance Of Shawn Buske, Environmental Services



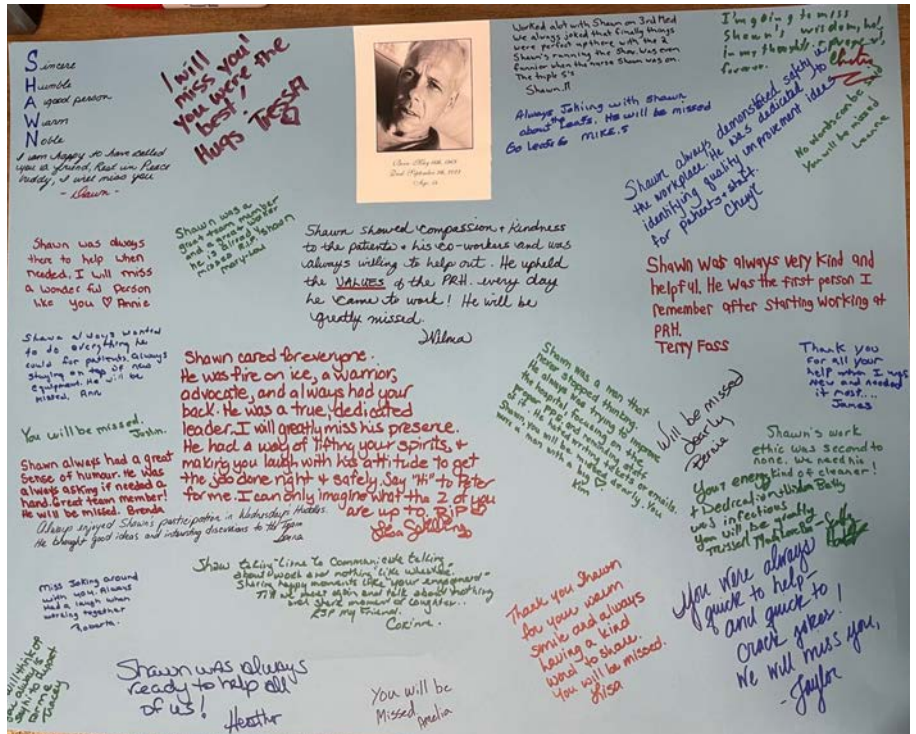
Goodbyes are not forever.  
 Goodbyes are not the end.  
 They simply mean "I'll miss you"  
 Until we meet again...

Our thoughts are with Shawn's wife, Cindi Groves of Food Services, along with Shawn's friends, co-workers and family at this difficult time.

Please know that an onsite memorial service to celebrate Shawn's life is being planned.

Details will be broadly shared when they have been finalized.

Pictured at right, Shawn's EVS co-workers created a special message board as a tribute to Shawn.



## Equity | Diversity | Inclusion

### Upcoming Recognition and Celebration Dates

National Day for Truth and Reconciliation / Orange Shirt Day - September 30

#### October

Occupational Therapy Month

Breast Cancer Awareness Month

Nuclear Medicine and Molecular Imaging Week - October 2-8

National Catholic Health Care Week - October 2-8

Healthcare Supply Chain Week - October 2-8

Healthcare Food Service Workers' Week - October 3-7

Yom Kippur - October 4

Physician Assistant Week - October 6-12

# Connecting with the CEO - In Case You Missed It

**September 8, 2023**

*For those of you who may not be aware, the Trillium Gift of Life Network (TGLN) has a mission to save and enhance the lives of Ontario residents through the gift of organ and tissue donation. In 2022/2023 alone, Ontario hospitals supported 320 organ donors and 1,786 tissue donors, providing life-saving transplants to 842 individuals, and enhancing the lives of many others. These achievements could not have occurred without the support of hospital partners, like PRH, who continue to make organ and tissue donation a priority.*



*Our hospital first partnered with TGLN in 2013, and we officially started reporting data to the public in April, 2014. Since then, we have supported two organ donors who had six organs recovered and transplanted, saving the lives of five individuals, and 70 tissue donors, enhancing the lives of many others.*

*I am pleased to share that PRH was one of only two hospitals to receive 100% Routine Notification Rate (RNR) awards in Ontario for the 2022/23 fiscal year, with 134 notifications. Routine Notification is the rate at which hospitals notify the Trillium Gift of Life Network (TGLN) when a patient has died and there may be potential for organ and/or tissue donation. Routine Notification is an important step taken by our team to connect potential organ donors with TGLN. Through the process of Routine Notification, we are able to honour our patients' wishes, recognize donation opportunities and save lives. PRH has received the Provincial Routine Notification Rate Award five times - this is outstanding work!*

*This year, for the first time, PRH will also be receiving the Provincial Eligible Approach Rate Award. This award recognizes hospitals for demonstrating leading practices by facilitating a donation discussion between Ontario Health (TGLN) and eligible patients and/or families of patients at the end of life. Pembroke Regional Hospital has achieved a 100 percent eligible approach rate!*

*Organ and tissue donation is a complex process, involving hard work and dedication. The 100% Routine Notification Rate and 100% Eligible Approach Rate demonstrate that we continue to follow leading practices in donation and consistently offer the opportunity for organ and tissue donation to every eligible patient as part of high-quality, end-of-life care.*

*My sincere thanks to all staff who make organ and tissue donation a reality and provide comfort to patients and their families at the end of life. You are making a difference and giving hope to over 1,300 Ontarians who are currently waiting for a life-saving organ transplant.*

*Sabine*

**September 15, 2023**

*It's that time of the year when construction work seems to impact us wherever we go, whether it's on the roads within the community or here at PRH.*

*We all recognize that, on site, it's been noisy and disruptive, we appreciate the inconvenience it is causing and ask that you bear with us as the outcome will be truly worth it!*

*In fact, in terms of our 3rd floor Surgical Project, we may soon have some tentative occupancy dates for both Day Surgery and our new procedure rooms! From what we are hearing so far, this could be around the end of November.*

*We will soon be in a position to tell you more about our plans and the work that will be happening in Tower C on the ground floor as well. Stay tuned!*

## Connecting with the CEO - In Case You Missed It (Continued)

*In other renovation news, if you haven't passed by the new Chapel lately, you're in for a surprise as some beautiful nature-inspired stained glass artwork has now been installed – all the work of Bea and Jack Lockhart from North Bay.*

*And as you have likely noticed, even our neighbours across the back parking lot at Marianhill are in the midst of an exciting construction project.*

*As described on their website, their \$59 million expansion will lead to 29 new and 131 upgraded beds in private, semi-private and basic rooms, for a total of 160 modern long-term care beds.*

*The renovated and expanded Marianhill will offer enhanced services for residents in need of dementia care, behavioural supports and palliative care, and feature innovative design improvements, including larger common areas and air conditioning throughout. The new floorplan will be centered around custom designed resident home areas, each providing intimate and familiar living spaces for up to 32 residents, including dining and activity areas, lounges and resident rooms.*

*Marianhill's redevelopment will be completed in three phases, with final completion scheduled for the summer of 2026. All of this is very exciting news for our community.*

*Have a great weekend!*

*Sabine*



**To Honour The Residential School Survivors  
And Those Who Were Lost, Please Consider Wearing  
The Colour Orange On September 30th In Recognition Of  
*The National Day for Truth and Reconciliation.***

Since this important date falls on a Saturday when many of our staff are not here, we will also honour this day on Sept. 29th by wearing orange, lowering our flag, having a moment of silence and sharing resources.

**Orange Shirt Day is a time to honour and uphold survivors and intergenerational survivors of the Indian residential school system, and to commemorate those who didn't return home.**

### TRUTH AND RECONCILIATION

**The inspiration for Orange Shirt Day came from residential school survivor Phyllis Jack Webstad. Phyllis recounted her first day of residential schooling at six years old, when she was stripped of her clothes, including the new orange shirt her grandmother bought her, which was never returned.**

**The orange shirt now symbolizes how the residential school system took away the indigenous identities of its students.**

# CELEBRATIONS

To include a special message in this section, email [celebration&recognition@prh.email](mailto:celebration&recognition@prh.email).

- Katie Hollahan celebrated **Sarah Selle** for her help with the PDSA on the student and resident process. Sarah guided the team really well and structured the session to gather great information that will lead to a new process.

- Carolyn Levesque celebrated **Julia Reddy** for leading the Staff Association Nine 'n Dine. Your leadership and motivation to jump in and help is much appreciated. Thank you, *Sabine*

- On behalf of the Local Immigration Partnership Unit, I wanted to extend a shout out to **Kristen Pye (RPN), Jeris Johnston (RN), Dr. Quirt, and colleagues**. There was a member of our community who did not speak English, who needed medical support/treatment. The above team, with the use of their creativity, technology skills, and medical skills, were able to support him. What a wonderful welcome to the community. *Ralph Hatem, CHRL Manager, Human Resources*

- Please thank **Shannon Reckzin and Micayla Sewell** for the support and coordination of getting our Pet Therapy visitation program re-instated on AMH. The therapeutic benefits of the program for our patients is incredibly valuable. Thank you, *Cheryl Summers*

- I just wanted to reach out and celebrate **DI staff**. Over the weekend, there was a patient who had imaging done. Although the patient was on the wrong isolation protocols, staff did a risk assessment and all wore PPE including a face shield. Thank you to your staff for keeping themselves and the patients safe. *Lori Ann Borne RegN, Occupational Health Nurse*

- I'd like to thank **Sarah Selle** for helping find/arrange meeting materials for Driver meetings I had to cover unexpectedly! *Tyler Graveline, Administrative Resource*

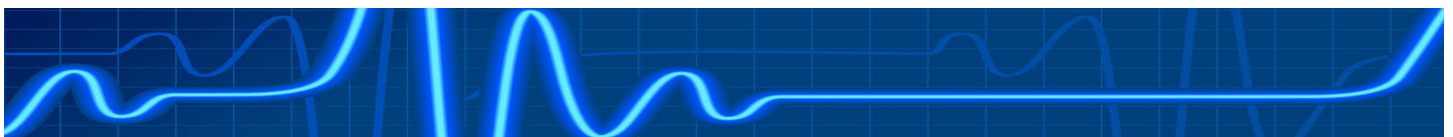
- I'd like to thank **Daniel, Paul, and Sean in I.T.** for recovering lost media files! Life savers! *Tyler Graveline, Administrative Resource*

- I would like to celebrate **Jeris Johnston from ED** who helped facilitate a transfer of a patient from 3rd Medical to the ED so that they could have a procedure done and she also assisted the physicians during the procedure. I would also like to celebrate **Page Farrell** who accompanied the patient to the ED, and provided care during and after the procedure until the patient was able to return to 3rd Medical. Thank you, *Tammy-Clinical Resource*

- **Shannon Nagora in DI** has gone above and beyond to help create a standard work for MRI scheduling. Thanks to her we should have a great resource tool for all incoming and current staff. *Julia Reddy*

- During the week of Sept.10-16 we celebrated Environmental Services Week. Our EVS team was recognized for their dedication and focus on providing a clean, safe, and healthy environment for patients, families, and staff. Melanie Henderson, Vice-President of Clinical Support Services, Partnerships and Integration drew Pacita Andres' name and presented her with a gift basket in celebration of EVS week.

- Kudos to the **PRH Systemic Therapy team**. We were celebrated at the Regional Systemic Therapy Committee meeting as 58% of our patient reported their symptoms via YSM in Q3 compared to TOH and other satellite sites who are closer to 20%. *Danielle Rae*





# Rehabilitation Team Celebrates National Rehabilitation Day

September 20th was National Rehabilitation Day. We'd like to take this opportunity to thank all those involved in all of our Rehab programs! We serve our community through a variety of inpatient and outpatient programs. Our inpatient services include 22 beds where people come to work with nursing staff, physiotherapists, occupational therapists, rehab assistants, a speech language pathologist, social workers, a dietitian and assistant, and many others, under the lead of our physiatrist Dr. Debbie Timpson. Many supports are in place to help our team work with the patients to achieve their goals for physical and cognitive recovery after stroke, neurological conditions, aging, deconditioning, orthopaedic and other surgeries.

PRH also has a number of outpatient programs which are designed to support discharge from hospital as well as living well in the community and preventing hospital admissions. These also help patients achieve their rehab and recovery goals while at home. These services include the Geriatric Day Hospital, Community Physiotherapy Clinic, Cardiac Rehab, Total Joint Assessment Clinic (TJAC), education for patients scheduled to have elective orthopaedic surgeries (Pre-Hab) and general physiotherapy services for post-surgical patients.

We take pride in helping patients achieve their goals and are happy to take a day to celebrate our amazing team, while also recognizing all of the community services our patients use including Home and Community Care, our Community Paramedic Program and private therapy services offered within Renfrew County.





*Congratulations*

The BIG Winner of Catch the Ace is ...

**Jason Leblanc**

**\$637,023**

Ticket #WW-6066942

Card#35 - Ace of Spades

Ticket purchased at  
Beyond Nutrition in Petawawa

**Thank you everyone for playing!**

**We raised over \$1,061,709.00 for local Cancer Care!**



CAR LOTTERY FOR HEALTHCARE

Presented By



Ticket go on sale  
**OCTOBER 5TH!**



**WWW.AUTOLOTTO.CA**

# CONSTRUCTION CORNER

## Tower A:

- *Cancer Care Project* - The second part of the project involving the HVAC extension into the old sterile rooms started this week. Work is ongoing with the contractors and engineers to resolve pressure, humidity and temperature control issues.

- Regarding the *Surgical Day Care Project*, Phase 2 is nearing completion and we anticipate moving into the new endoscopy/procedure room and Day Surgery space sometime in November. Most of the demolition in the 3rd floor south wing has been completed and work will be starting on relocating water and sanitary lines. The HVAC system will be turned on and commissioned in the next few weeks.

- On the 4th floor Obstetrics south wing, the addressable fire alarm system was tested and is now operational. The terrazzo floor repairs have been completed in one room and in the new tub and shower room. All the data and cable TV wiring has been upgraded. The heating valves were installed in the nursery and the floor was installed in the new storage room. The new curtain track system for the patient rooms has been ordered. Painting in the corridor resumed this week.

- Stain glass panes were installed in the chapel and just outside the entrance doors.

## Tower B:

- The roof replacement is now complete except for the steel capping along the perimeter walls which has started. The reinstallation of the solar panels and lightning arrestors is planned to take place this week and next.

## Tower C:

- The *Main Entrance Ground floor Renovation Project* is being reviewed for cost savings.

## Tower D:

- The Medical Day Care mechanical, electrical and architectural drawings for Phase 2 of the *Cancer Care Project* were reviewed with staff and the engineers.

## Other:

- The Rogers cell phone coverage improvement project is now complete. However, the installers will have to come back at the end of the *Surgical Day Care Project* to finalize the 3rd floor of Tower A in order to have complete coverage of the Hospital.

## Why you should join LifeWorks

1

Get support 24/7, 365 days a year with a confidential employee assistance program (EAP) whether you are expecting a baby, isn't getting along with a neighbour, or feeling overwhelmed at work.

2

Get help to bring out your best with hundreds of wellbeing articles, podcasts, tools, videos and more.

3

Access self-guided journeys to improve communication, mindfulness, sleep and more with CareNow programs.

Ready to get started? Visit [app.lifeworks.com](http://app.lifeworks.com) or download the LifeWorks app today in the [Apple Store](#) or [Google Play](#) for convenient access to wellbeing support!



## PRH Staff Association

Thanks to Julia Reddy for coordinating the Staff Association's September 10th Nine 'n Dine at the Pembroke Golf Club.

A total of 37 staff and guests participated and had a great day with perfect weather, and delicious food catered by the Kitchen Eatery.

Brittany Crigger's team ended the day with the best score.

Here's a selection of photo from the event.



# Medication Transformation Project

## Revised Drug Formulary

The Drug Formulary (list of Medications that we currently carry at PRH) has been updated to include only those drugs we need at PRH. Careful consideration went into removing redundant drugs from our inventory. This change was necessary for our new Automated Dispensing Units that were purchased through the Medication Transformation project.

### **What do I do if a physician writes an order for a medication that we no longer carry and the physician is no longer on the unit?**

Check the Automatic Medication Substitution list found in Policy Medical and on the Intranet to see if there is a substitution option.

- Complete the Automatic Medication Substitution Pre Printed Order Sheet
- Submit copy of the PPO to the Pharmacy
- Transcribe new order onto the MAR

### **Why is it important to catch the order quickly?**

• Patient Safety! Automatically substituting a medication that we do not carry means that the medication will be available in a more timely manner to give to your patients.

• Reducing Risk! Transcribing the substituted medication onto the MAR reduces the risks associated with a "messy MAR". Waiting until it's caught in Pharmacy will lead to having to discontinue the old order and write the new one.

As everyone becomes more knowledgeable of the revised Drug Formulary, knowing what medications we have and do not have will eventually become second nature. Please be patient as we all work together to provide safe and efficient medication delivery.

Recently, some members of our Auto Substitution Working Group celebrated the successful implementation of the new Drug Formulary and Auto Substitution Policy with a pizza lunch.



Pictured from left, Jamie Lynn Thibeault (LDRP Unit Clerk), Bonnie Smith (Pharmacy Technician), Colleen Ferneyhough (AMH Unit Clerk), Laurie Menard (Director ED, ICU, Pharmacy), Tina Davidson (Chief Pharmacist), Sam Moreau (CAPE), Thea Nicolai (CAPE), Erin Van Allen (Clinical Educator) and Jennifer Lemay (AMH RN).

Missing from photo, Ayla Dery (Medication Transformation Clinical Educator), Meshwa Patel (ED RN), Connie Chippure (CLRS RN), Carissa Fletcher (ICU RN), Bailey Bernique McDonald (ED RPN), Lisa Best (Surgical Unit Clerk), Carolyn Froment (Clinical Educator) and Sharon Allain (CAPE).

## 5 NO REHEAT PACKED LUNCH IDEAS

### 1 GREEK PASTA SALAD

This lunch features cooked & cooled pasta, which acts as a "resistant starch" to feed your good gut bacteria. Add protein like chickpeas or chicken for an extra boost of energy!

### 2 SUSHI BOWL

Cook ahead your choice of grain (e.g., short grain sushi rice), add protein e.g., tuna, tofu, edamame, and veggies, e.g., cucumber, carrots, and avocado. Top with soy sauce or sriracha and kewpie mayo!

### 3 LOADED SWEET POTATO

Sweet potatoes are a great source of vitamin A. Stuff with corn, black beans for a complete source of plant-based protein. Drizzle with cilantro lime sauce and enjoy!

### 4 ROASTED VEG POWER BOWL

Add roasted veggies and chickpeas to a base of quinoa. Add walnuts or pecans for some healthy fats and drizzle with tahini lemon dressing.

### 5 SUMMER ROLLS

Chop veggies into strips and place in the centre of a slightly damp sheet of rice paper. Add shrimp or tofu for protein and roll. Eat with peanut-lime sauce.



Created by Pembroke Regional Hospital Dietitians

Watch out for more nutrition tips this fall!

# What's the tea



Traditionally, our team shared stories and tidbits in the staff newsletter that highlighted life outside of work.

This included news about weddings, births, special vacations, personal achievements, and other proud moments.

This section is just for that!

We hope that in the coming weeks and months you will submit items to share with your co-workers by emailing them to:

[carolyn.levesque@prh.email](mailto:carolyn.levesque@prh.email)

## Pembroke Regional Hospital's

# GOT TALENT



We want to showcase the people we have at PRH and the work you do through an informative series of video vignettes.

If you have an interest in being one of those we feature, please email your expression of interest to:  
[carolyn.levesque@prh.email](mailto:carolyn.levesque@prh.email)

Please include your name, your department, a brief outline of what you enjoy most about your work at PRH and why you would like to be featured.

## Focus Group for Persons with Lived Experience and Caregivers



If you live in the Champlain region and have experienced a stroke in the past 3 years, or been a caregiver to a person living with stroke, **we want to hear your story.**



Visit:  
[strokevoice.com](http://strokevoice.com)



Or call:  
613-798-5555  
ext 16219

**"FALL FASHIONS FOR FAMILY & FRIENDS" FASHION SHOW**

- \*FRIDAY, SEPTEMBER 29
- \*OUR LADY OF LOURDES CHURCH
- \*DOORS OPEN AT 6 FOR DESSERTS, COFFEE & TEA
- \*FASHION SHOW BEGINS AT 7:00
- \*TICKETS \$20 EACH (Available at the Sunshine Gift Shop)

PRH REGIONAL HOSPITAL AUXILIARY



# New Spring Line: PRH Clothing and Accessories



**Yoga Jackets** (Women's and Men's styles) \$60  
• Optional embroidery on the right sleeve \$5 extra

**T-Shirts** (Women's and Men's styles) \$30  
• Optional embroidery on the right sleeve \$5 extra

**Ball cap** \$38

*\* Tax and PRH embroidered logo included in price. Spring/Fall jackets and fleece sweatshirts are still available to order as well.*

Please note that all PRH items are sold at cost. As a result, no additional discounts will be applied.

